

Enrichment

Use with Chapter 14, Lesson 2.

Classifying Alcoholism

Read the following descriptions. Then answer the questions in the space provided.

Claudia's life is more hectic than ever. Working at her new job, taking care of her two children, and taking care of the house really keep Claudia busy. In the past few weeks, Claudia has started having a glass of wine when she comes home from work. She has another glass with her meal. Claudia then has a glass or two before going to bed. When her husband asks her about it, Claudia says that the wine helps her relax and cope with her busy day.

1. What stage of alcoholism do you think Claudia is in? Explain your answer.

2. If you were Claudia's husband, what could you say to help her?

3. Where can Claudia and her husband go for help with this problem?

Brian's dad has been having a rough time at his job lately. Some days, he does not go to work at all. When he does go, he usually comes home with a bottle of vodka. Then he sits in front of the television with the vodka and won't move, not even to join the family for dinner. When asked what's wrong, he yells, "Nothing!"

4. What stage of alcoholism do you think Brian's dad is in? Explain your answer.

5. If you were Brian, what would you do? _____

6. Where can Brian and his family go for help with this problem?



Enrichment

Use with Chapter 14, Lesson 3.

Analyzing a Teenage Drinking Survey

A recent poll taken of 93,000 teenagers across the United States revealed a general concern about drinking alcohol. Read the following information about the poll and respond to the questions. Then, in small groups, compare your responses to those of your classmates.

1. Of the teens who took part in the poll, 22 percent said that they drank alcohol. Does this statistic surprise you? Why or why not?

2. Seventy-four percent of the teens polled said they believe that drinking is as big a problem or an even bigger problem in their school than sex and drug use. Do you agree with this opinion? Why or why not?

3. Nearly all of the teens who said they drink alcohol stated they do so for recreational reasons. Why do you think recreational drinking is so popular?

4. The poll revealed that drinkers have more problems than nondrinkers and that nondrinkers do better in school than drinkers and respect themselves more. How do you evaluate this finding?

5. Only 25 percent of the nondrinkers said they are pressured to drink. About half have been excluded from activities. What are some ways that teens can better handle peer pressure related to drinking alcohol?

6. The teens polled suggested more community activities and school prevention programs to help reduce teenage drinking. What additional ideas do you have?

Source: "Teens and Drinking: A Special Report," *USA Weekend*, August 12-14, 1994, pp. 4-8.