

Decision Making

Use with Chapter 15, Lesson 2.

Ups and Downs

Read each situation. Then select one, and answer the questions in the space provided.

Situation A. Gary is on the wrestling team and has to lose 5 pounds to stay in his weight class. A friend offered Gary some of his mom's diet pills and told Gary they would make it easy to lose weight. Gary was worried that they might not be safe, but his friend said they had to be—a doctor prescribed them. Gary can't decide what to do.

Situation B. Jill's mom, a single parent, takes sleeping pills prescribed by her doctor. She says they help her relax after a rough day at work. Lately she's been taking the pills on weekends, too, and not just at night. Jill's worried her mom might be getting addicted to the pills. She doesn't know what to do.

1. Which situation did you select? _____

2. Describe the situation the person is in. _____

3. What are some possible choices for the person?
 - a. _____
 - b. _____
 - c. _____
4. What is the probable outcome of each choice?
 - a. _____
 - b. _____
 - c. _____
5. What decision do you think should be made? Consider your values and explain your answer.

6. How will the person know whether he or she has made a good decision? _____

