



Use with Chapter 10, Lesson 8.

## **Thinking About Puberty**

Many teens feel confused about the changes that take place at puberty. Use what you already know—and do research to gather additional information—to answer the teens' concerns below.

- 1. Tom: I'm almost 15 but I still look like a kid. Some of my friends look like adults now. Is something wrong with me?
- 2. Catrin: My periods have been very irregular since I started menstruating a year ago. Can I do anything to make them more predictable?
- 3. Kenny: What happens to sperm that are not ejaculated?
- 4. Marie: Is it possible for a girl to get pregnant before she has ever had a period?

- 5. Wayne: How long do sperm live once they enter the woman's body?
- 6. Chrissie: Is it safe to do strenuous exercise while I'm having my period?